

HUESCA CLINIC ID CAMP



CONTENIDO





INTEGRAL METHODOLOGY

Developed to reinforce sports-personal values.



INTERDISCIPLINARY STAFF

Professional staff in sports areas focused on football.



FOOTBALL IN HUESCA RESIDENCE PROGRAM

Comprehensive soccer training and educational activity program, developed at our facilities in the city of Huesca, Aragon – Spain.



TRAINING PROGRAM

Personalized and focused on enhancing qualities in each player.



EDUCATIONAL TRAINING

According to the requirements of each player, formal education or sports coaching.





HUESCA/DESCRIPTION









Capital of the province of Huesca, also know as "The door of Pyreness" whose main activity is comerce and tourism.

Huesca is a city and Spanish municipality, belonging to the autonomous community of Aragon.

Population approximately 55.000.

City that defines itself by its sports and student life, with cultural and natural attractions in the urban área and surroundings.





ACADEMY RESIDENCE/SERVICES















SPORT CHANNELS







TRANSPORT

TEACHER





ACADEMY RESIDENCE/NUTRITION





BREAKFAST Will be provided at the residence DINNER cafeteria.

Specialized meals can and will be catered to players who need it





COACHES





All training sessions will be held by Coaches with UEFA coaching license. Many of our coaches have professional experience in the world of soccer.

Our philosophy is to guide the players instead of directing them to improve their decision making to adapt to different situations on the field. With practice & time they can recognize the situations and know what to do.





TRAINING





Training will begin each day with a dynamic warm-up added with technical work.

Then move on to various tasks ranging from positional rondos to possessional games, each modified to learn an aspect of the game.

Then progress to small sided games and finishing





TRAINING/CONDITIONAL TRAINING





Speed training that applies to the game for players to build speed, have quicker reactions, explosiveness, and to become agile soccer players.





TRAINING/GOALKEEPER TRAINING





Goalkeepers will received individualized high quality training sessions focused on quick reactions, technical concepts on shot stopping, standing up from the floor and using both feet.

Also, goalkeepers will receive tactical sessions on the field and on the soccer board to learn how to organize their players depending where the ball is on the field and how to set up wall to stop free kicks.





SERVICES





VISA
We provide help to get
an European student visa

TRANSPORT
Transport will be provided since arrival to Huesca

INSURANCE
We will provide full
health insurance





ITINERARY IN HUESCA/JUNE



Mesos	SUNDAY 23TH	MONDAY 24TH	TUESDAY 25TH	WEDNESDAY 26TH	THURSDAY 27TH	FRIDAY 28TH	SATURDAY 29TH
Morning	PLAYERS ARRIVAL PICK UP CITY: BARCELONA	BREAKFAST 9:00 BARCELONA 9:30 - 11:00 POOL 11:30 - 13:00	BREAKFAST 9:00 TRAINING 9:30 - 11:00 POOL 11:30 - 13:00	BREAKFAST 9:00 GAME 9:30 - 11:00 POOL 11:30 - 13:00			
Afternoon	TRANFER TO HUESCA	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 FREE AFTERNOON
Evening	EVENING ACTIVITY 20:00 DINNER 21:00 GO TO BED 22:00	EVENING ACTIVITY 20:00 DINNER 21:00 GO TO BED 22:00	EVENING ACTIVITY 20:00 DINNER 21:00 GO TO BED 22:00	EVENING ACTIVITY 20:00 DINNER 21:00 GO TO BED 22:00	EVENING ACTIVITY 20:00 DINNER 21:00 GO TO BED 22:00	EVENING ACTIVITY 20:00 DINNER 21:00 GO TO BED 22:00	EVENING ACTIVITY 20:00 DINNER 21:00 GO TO BED 22:00





ITINERARY IN HUESCA/JULY



	SUNDAY 1ST	MONDAY 2ND	TUESDAY 3RD	WEDNESDAY 4TH	THURSDAY 5TH	FRIDAY 6TH	SATURDAY 7TH	
Morning	PLAYERS ARRIVAL VISIT PYRENEES	BREAKFAST 9:00 BARCELONA 9:30 - 11:00 POOL 11:30 - 13:00	BREAKFAST 9:00 TRAINING 9:30 - 11:00 POOL 11:30 - 13:00	BREAKFAST 9:00 TRAINING 9:30 - 11:00 POOL 11:30 - 13:00	BREAKFAST 9:00 TRAINING 9:30 - 11:00 POOL 11:30 - 13:00	BREAKFAST 9:00 TRAINING 9:30 - 11:00 POOL 11:30 - 13:00	BREAKFAST 9:00 TRANSFER TO BARCELONA AIRPORT	
Afternoon	Luch in Jaca	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00		
Evening	RETURN TO HUESCA 20:00 DINNER 21:00 GO TO BED 22:00	EVENING ACTIVITY 20:00 DINNER 21:00 GO TO BED 22:00	EVENING ACTIVITY 20:00 DINNER 21:00 GO TO BED 22:00	EVENING ACTIVITY 20:00 DINNER 21:00 GO TO BED 22:00	EVENING ACTIVITY 20:00 DINNER 21:00 GO TO BED 22:00	EVENING ACTIVITY 20:00 DINNER 21:00 GO TO BED 22:00		





METODOLOGY/360TEAMPLAYER







- The academy has a director of methodology who develop the program for all the ages teams since they are 4 years old.
- The program is adapted to the level and ages of each team.
- Age is just a number.
 Teams are made according to the level of the player, not the age.
- All our Academy coaches has the spanish coach license and degree.





METODOLOGY/360TEAMPLAYER





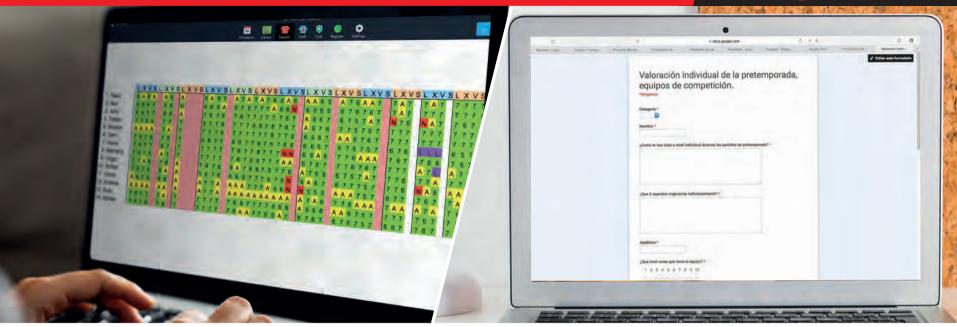
- All the sessions are shared online with the other coaches in a private club cloud.
- Players are constantly giving their feedback to the coaches after each match by using our tailor made software.
- Players are evaluated and controlled each day of training.





METODOLOGY





PLAYERS EVALUATION

PLAYERS FEEDBACK





METODOLOGY/360TEAMPLAYER





LEARNING GOALS

EVALUATION





EDUCATION/TECHNICAL & TACTICAL LESSONS





We will provide classes for players to gain UEFA Coaches Academy certificate* on technique and tactics. Class is provided by official UEFA Coaches instructor. *Not all players will receive certificate, must pass exams in order to receive certificate. Official coach academy Registration Number: 2201088





CONTACT US







internacionalplayers.com



administracion@internacionalplayers.com



internacionalplayers



@IntPlayersCoach



+34 665 980 298



